



Khiron Clinics

GLOBAL TRAUMA RECOVERY

Benjamin Fry / Founder

What is Trauma?

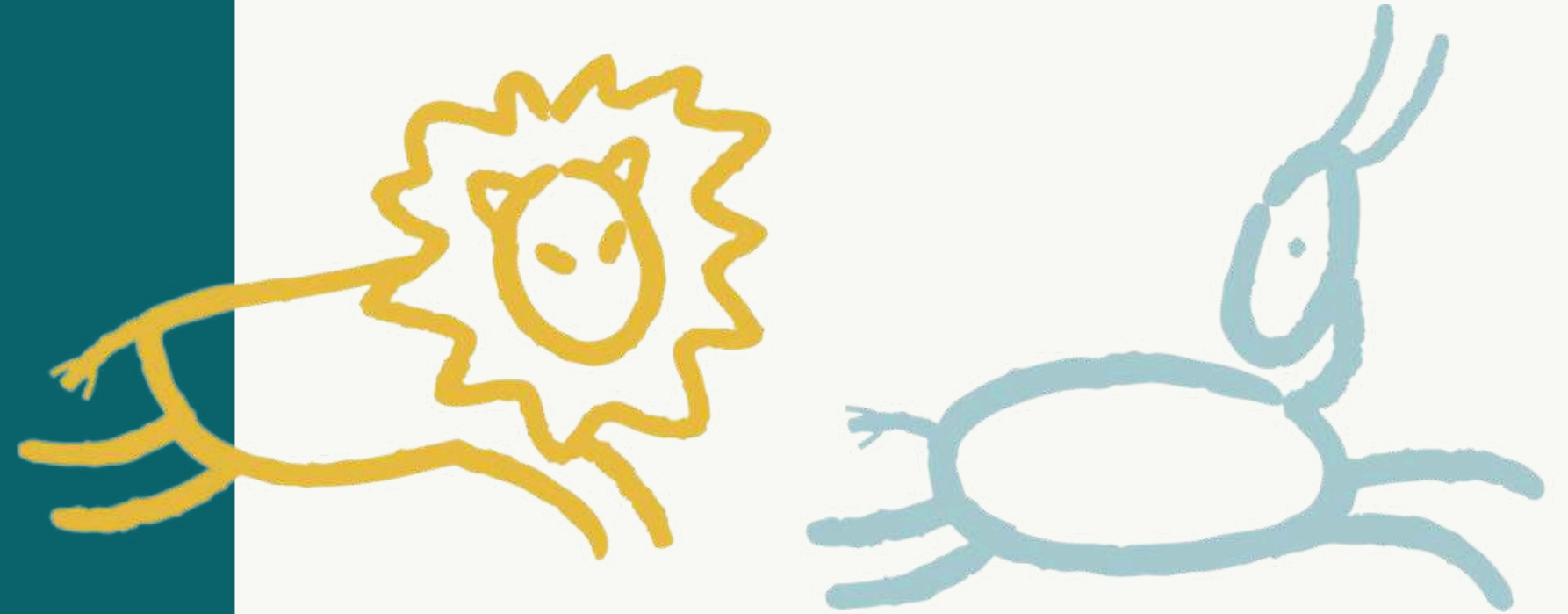


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“Trauma is not only an event that took place in the past;
it is also the imprint left by that experience on mind,
brain, and body. “

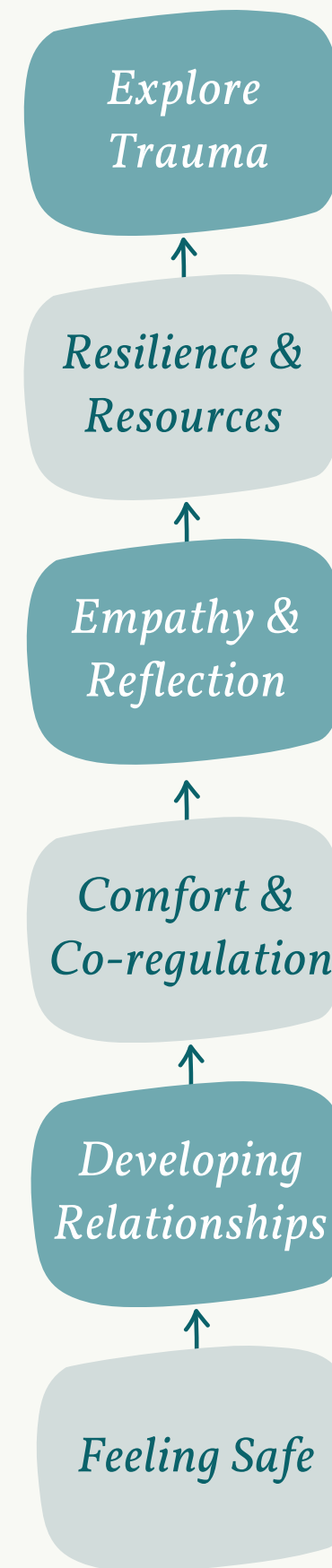
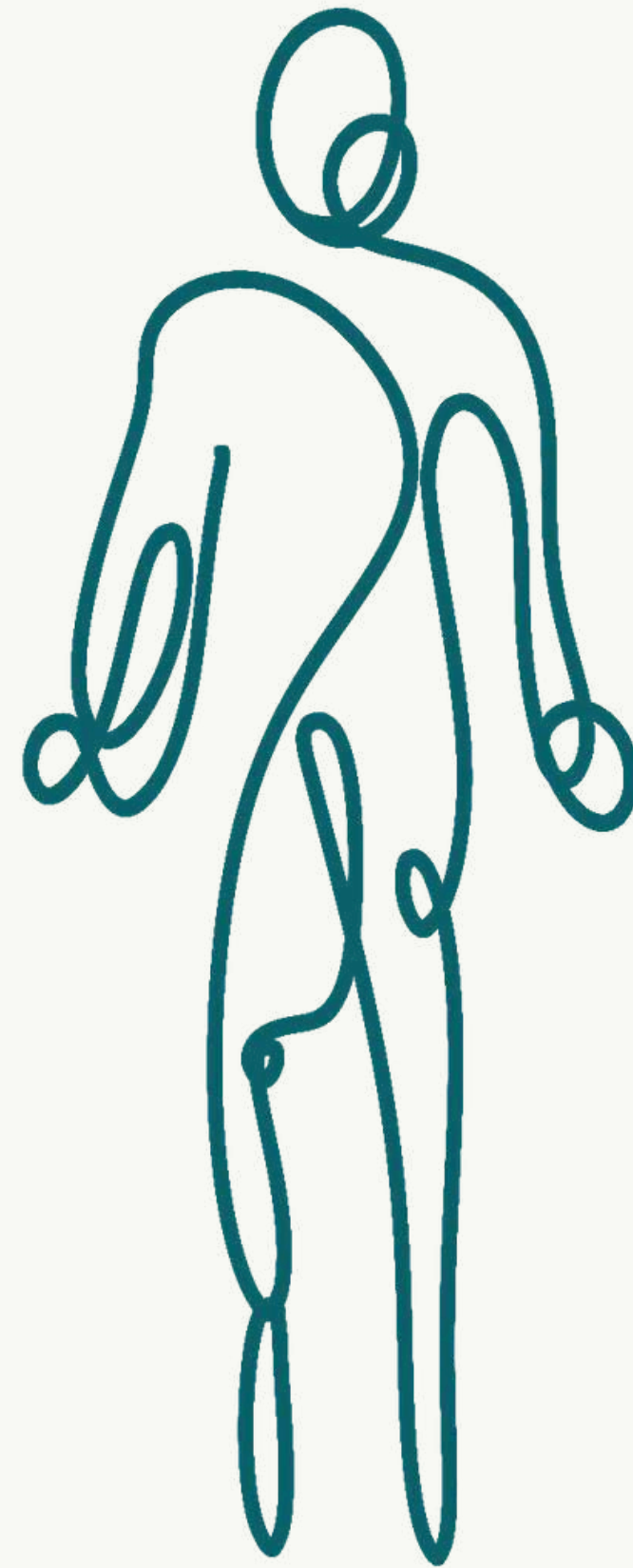
DR BESSEL VAN DER KOLK

The Invisible Lion



The Shift:

Bottom-Up Meets Top-Down



Nervous-System Informed Therapy

EMDR

Helping reprocess traumatic memories so the nervous system can safely integrate them.

Somatic Experiencing

Restoring the body's natural capacity to self-regulate after trauma.

Internal Family Systems

Working compassionately with our inner parts to restore wholeness.

The World's 1st Polyvagal Informed Clinic



Khiron Clinics Roadmap

PHASE 3

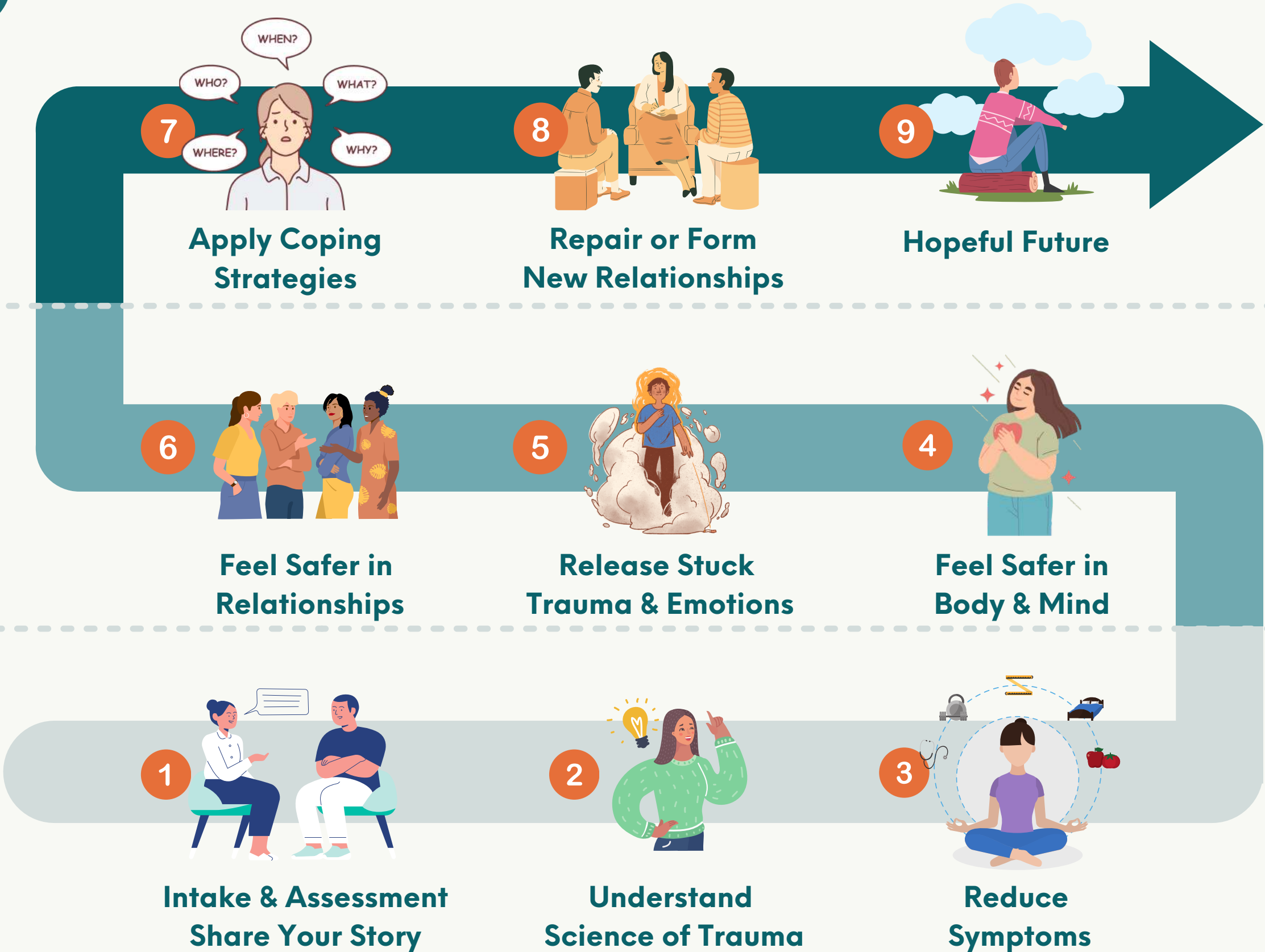
Integration

PHASE 2

Processing

PHASE 1

Stabilisation



Our Trauma Recovery Pathway

Offering a Pathway From Crisis to Cure



**Khiron
Bungalow**
*Individual
Care*



**Khiron
Clinic**
*Clinic
Care*



**Khiron
House**
*Residential
Care*



**Khiron
Cottage**
*Halfway
House*



**London
IOP**
*Khiron
Daycare*



**Khiron
Outpatient**
*Outpatient
Therapy*

Crisis

Cure

Clients can enter the pathway at any stage

Creating Lasting Healing



I lost, uh, both my parents to cancer within a year and a half.

Guide to Treatment




**Khiron
Clinics**
GLOBAL TRAUMA RECOVERY

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ding new
to take their
the real world
n treatment in their

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